Dublin Park

Madison, Alabama Parks & Recreation

Palmer Park

Madison's Take a Walk in the Park Day
~ Monday, March 30 ~

Visit a local park on Monday, March 30 instead of walking around the block or on a treadmill!

Walking 30 minutes a day can help reduce your risk of osteoporosis, obesity, heart disease, and depression. In addition to physical health benefits, walking is used as a de-stresser by many Americans.

We encourage everyone to get outside and enjoy our local parks!

Bradford Creek

Mill Creek Dog Park